



Downbeach Foodies Ready To Feast On Greens And Grains In Ventnor

September 5, 2024 / By [John Jurgaitis](#)



A new Greens and Grains is now open at the totally refreshed, Ventnor Plaza on Wellington Ave.

Delicious plant-based vegetarian and vegan salads, sandwiches, bowls, smoothies and more.

[Greens and Grains](#) is a chain of plant-based restaurants serving Mays Landing, Northfield, Wall Twp, Voorhees, and now, Ventnor Plaza.



GREENS AND GRAINS mission:

Revolutionize the industry by making fast and fresh plant-based food accessible to all.

Create lasting impact on the overall health of our planet and mankind.



Best Vegan, Vegetarian & Plant Based Food.



Looking for a vegan or vegetarian food truck?

From wedding to corporate events to birthday parties, Greens and Grains delicious plant-based salads, sandwiches, bowls, and smoothies offer a unique, healthy alternative to the “same old” catering food trucks.



Featuring fresh ingredients, **Greens and Grains** plant-based meals are perfect for the wellness-minded, as well as just-plain-hungry crowds.

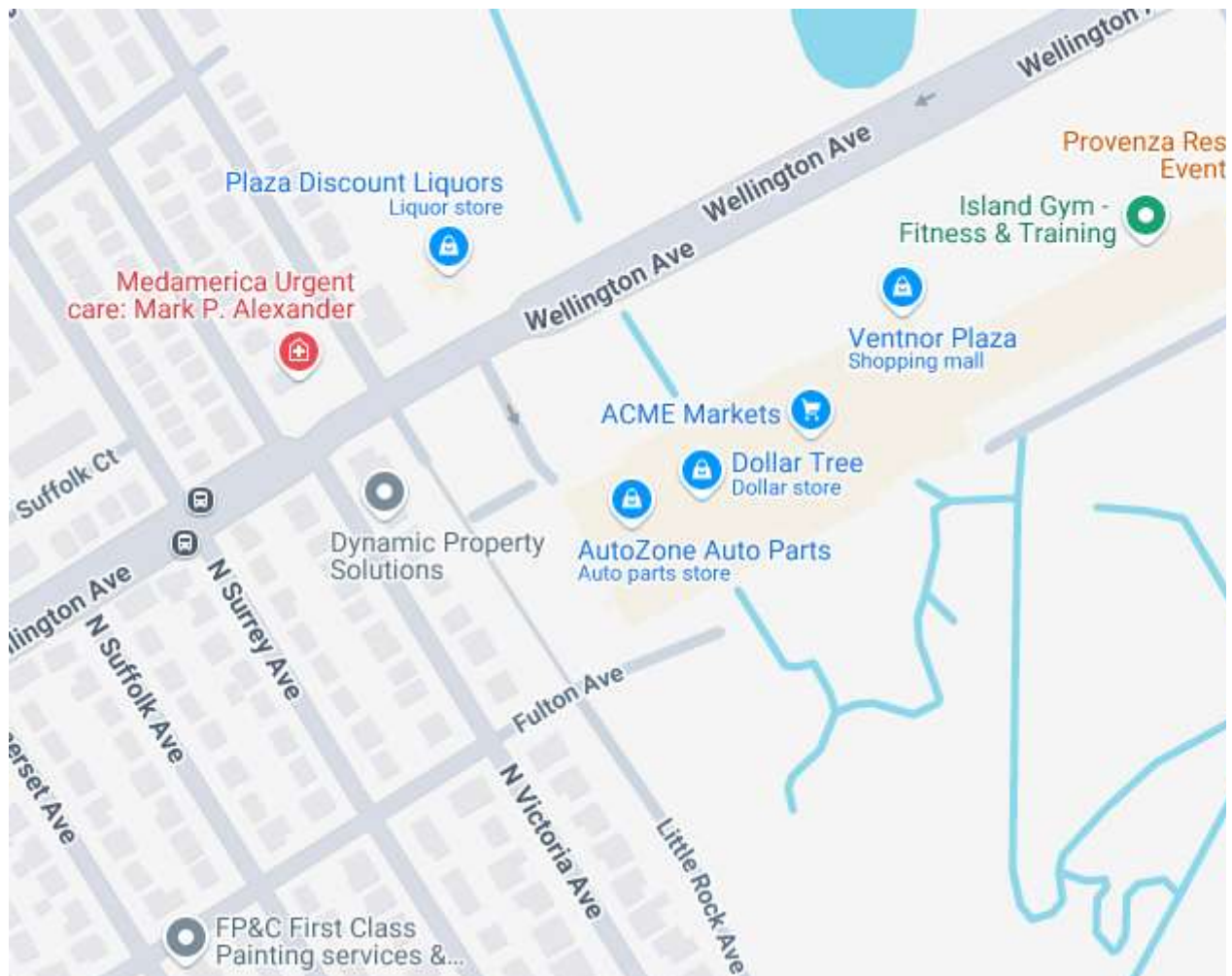
The [Greens and Grains plant based catering](#) is perfect for any kind of event, including...

- Weddings
- Corporate events
- Birthday parties
- Graduation parties
- Holiday parties
- Bar/Bat mitzvahs
- Retirements

Ventnor Plaza
5000 Wellington Ave
Ventnor, NJ.

Find your favorite vegan smoothies, smoothie bowls, cold-pressed juice and vegan food in Ventnor.

Conveniently located in Ventnor Plaza, near Starbucks, Burger King, Pickle Juice, Island Gym and ACME.



Author

[John Jurgaitis](#)

Online Publisher. WordPress Developer, Real Estate Marketing. Digital Design. Print and Broadcast Consultant. Pickleballer. Mel Toxic.

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Margate Ventnor Longport Brigantine

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Sherri Lilienfeld

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